Introducing NorthBay
THE SCHOOL PROGRAM

At NorthBay, our mission is to challenge middle school students to realize that their attitudes and actions have a lasting impact on their future, the environment and the people around them by using Common Core and Next Generation Science standards, character development and the outdoors as an integrating context. Class offerings are extensive and integrate the Maryland Voluntary State Curriculum.

OUTSTANDING LEARNING AND ADVENTURE OPPORTUNITIES...

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Things to know...

CABINS
Lodging is provided in one of 18 different cabins. Each cabin consists of 2 rooms, with 6 bunk beds each, for a total sleeping capacity of 12/room and 24/cabin. Inside the cabin, next to each room is a bathroom. Our cabins are heated and air conditioned, and separated by gender. Males and females are NEVER allowed to be in or around a cabin of the opposite gender! Students are NEVER allowed in the cabin without adult supervision. Each cabin will have at least one adult chaperone who will move throughout the week with that group from one activity to another.
*Bed linens are provided by NorthBay! *Towels and washcloths are NOT provided

CLASSES
Classes meet all over camp. On average, students spend 75% of their class time outside. Dressing in layers is recommended and boots are always a good idea as feet will be in wet areas during every season. Students are expected to come to class dressed appropriately for any and all weather conditions. During winter months, a warm jacket, hat, and mittens or gloves are essential to provide adequate warmth. Some form of rain gear is another essential during warmer months. Chaperones will know their schedule before the day begins and help students to prepare accordingly.

MEALS
NorthBay takes time with meals and serve them family style to make them fun, full of surprises, relationship oriented, nutritious, and tasty. We can also accommodate specific dietary requirements for your child assuming they are communicated in advance.

ACCESSIBILITY FOR ALL
The buildings, pathways, and activities at NorthBay are accessible to disabled persons. Students with special needs can participate in all activities, including our adventure courses. We encourage all students to attend and request to be informed of students with special needs.

Parents with additional questions can call NorthBay office Mon.-Thur. 8am-5pm, Fri 8am-3pm @ 443-967-0500 or visit www.northbayadventure.org
SNACK BARS and STORES
NorthBay’s snack bar will be open during activity time for student and adult use and serve foods such as ice cream, granola bars, sport drinks, soda, juice, pretzels, etc. “The NorthBay Trading Company” is open during students’ activity time in the afternoon and evening. Items for sale include film, toiletries, various educational books and materials, along with t-shirts, sweatshirts, and other NorthBay items.

WHAT TO BRING TO NORTHBAY...
Students and adults are responsible for bringing personal items and clothing appropriate for the season and the setting. We want your stay at NorthBay to be as pleasant and trouble free as possible. A suggested list follows...

Clothing
2 pairs of tennis or hiking shoes (one old)
Shoes to wear in the water
Sweaters/Sweatshirt
Several changes of outer clothing
Changes of inner clothing
5-6 pairs of socks
Swimsuit (seasonal)
Pajamas

Personal Gear
Towel(s) & Washcloth
Soap and Shampoo
Toothbrush & Toothpaste
Medications
Sunscreen
Insect Repellent

Optional Personal Gear
Flashlight
Camera & film
Store/ Snack bar money
Water bottle
Sunglasses
Backpack
Rain Gear and boots

Add for Winter Season:
Winter Hat (ear muffs are not enough)
2 pr. mittens or gloves
Long underwear
Warm jacket

WHAT NOT TO BRING...
Cell Phones **highly discouraged**
Ipod/MP3/CD Players
PSP/Gameboys
Drugs, alcohol, cigarettes or weapons
Skateboards

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PARENT NOTE: SAFETY & STAFF
At NorthBay safety is paramount. All of our class locations, adventure courses, and safety equipment are regularly certified and inspected. Our instructors are also qualified in their field, federally background checked & drug tested. We make the safety of your child our highest priority.

Parents are discouraged from visiting their children at camp for security reasons and because it can cause disruption and homesickness for students. All visitors must announce themselves at the front gate, sign in/out at the office, show appropriate ID, and wear a NorthBay wristband while on the premises. We ask that if you need to pick up/drop off your child for an extenuating circumstance, it is between the hours of 8:30 am and 6:00 pm.

PHONE CALLS
A NorthBay phone is available at meal times throughout the day for students. Parents can leave a message with administration to request that their child call home. Those messages will be delivered during meal times. Please understand that NorthBay can house up to 350 students per week and therefore students will not be able to call home every day of their stay.

NorthBay has a policy of zero tolerance for the use/possession of drugs, alcohol, cigarettes, or weapons. Parents will be notified and children will be sent home, along with appropriate measures.

MEDICAL SERVICES
NorthBay’s Wellness Center contains a treatment area, isolation rooms, medication storage, and appropriate bathrooms. NorthBay’s staff includes two RN’s as well as several EMT’s trained in CPR, first aid and medication administration. Twenty-four hour emergency medical care is also available at Union Hospital in Elkton, MD.

MEDICATION REQUIREMENTS FOR SCHOOLS AND PARENTS
• The Health Information form is required for every child attending NorthBay. If your child requires prescription medication during their stay, then the additional Medication form is required.
• Medications must be coordinated and approved by your school representative.
• All individual medications must be in their original containers, labeled for the student by the pharmacy.
• Medications and the appropriate forms are to be delivered to NorthBay by a school representative not the camper.