



Thank you, for chaperoning during your 6th grader's experience at NorthBay. We can't do this without you! Here are some helpful tips to help you navigate the schedule, down time and making the most of your NorthBay experience!

Day 1

- Arrival is between 10-11am
- Students will be greeted by our staff and put into cabin groups
- All visiting adults check-in at admin, turn in any medications to our wellness staff
- Once students are dismissed with their educator, you can help them get unpacked at their cabins
- Lunch will be at noon if all schools are here
- Please help our educators line-up students for each meal
- Our dining hall is arranged by cabin groups with visiting adult tables spread around the room. There are only 8 chairs per table, so there are overflow tables where students can take turns sitting there and making new friends.
- We ask all teachers to join educators for a meeting during lunch.

Visiting Adult Meeting:

- Once students are dismissed from lunch with their educators, all visiting adults go to the theater for our meeting. At this time, you will get copies of our schedule. We have [templates](#) for you to make it easier! Let us know if you'd like one.
- We will do a quick meet and greet activity and then you'll watch an 8 minute video to help you navigate the schedule and role here. There will be time for questions. If you arrive after Monday, you can watch the 8 minute video upon check in.

What if I'm not at NorthBay on Day 1 and miss the meeting?

No problem! We've compiled some helpful tips for when you're chaperoning. See below!

A few schedule reminders:

- **FOOD 101** - Each class is scheduled for Food 101. It is a great opportunity for kids to learn about the importance of serving our NorthBay community. They need to be in the dining hall 30 minutes before the meal to set-up. They will clean up afterwards where they learn about food waste and compost. This is led by their educator. The second half of the lesson is going to upper camp to learn where our food comes from. If the class has Food D they need to return to dining at 5:30 to finish setting up with a member of our Night Ops staff.
- **ROPES COURSE** - All classes are scheduled for the high ropes course. It could be during class or activity time. It will always be led by an educator. Ropes 1 means the class will go

A Typical Day at NorthBay	
☐	Breakfast 8:30-9:15
☐	Lesson 1 9:15 - 12:00
☐	Lunch 12:00- 1:00
☐	Lesson 2 1:00 - 3:00
☐	Activity A 3:00 - 4:30
☐	Activity B 4:30 - 6:00
☐	Dinner 6:00-7:00
☐	Activity 7:00 - 7:55
☐	NorthBay Live 8:00 - 9:15
☐	Cabin time 9:15 - 10:00
☐	Lights Out 10:30

directly to high ropes after the meal then go to low ropes. Ropes 2 means they go to the low ropes course before going to high ropes. Students need to wear closed-toed shoes.

- **ACTIVITY TIME** - Activity time starts at 3pm. Meet the educator at the cabins at 2:50 each day if you are not already with the class. The educator will escort you and the class to Activity A each day. You must stay with the class during activity time because educators are no longer with them. Activities solely led by visiting adults are scavenger hunt and beach volleyball.

Specifics for Cecil County Schools:

- **BOOK TIME** - We realize that some students will have a hard time settling down after North Bay Live. To help chaperones, we have provided a book to be read at bedtime. There are 3 book options that the class will get to choose on Monday with their educator. That book will be placed in their cabins at the beginning of activity time on Monday. The parent, teacher, or NorthBay counselor will facilitate reading this book each night before bed. Students can take turns reading out loud or the adult can read it. If the students fall asleep while the book is read, great! The educators will refer to the book when it is relevant to the lesson.
- **OTC** - OTC occurs during Activity Time. This Over the Counter Drug Training will happen for each class and is led by a high school student and adult for 30 minutes in an indoor location. Check the location that corresponds with OTC 1, OTC 2, etc on the schedule. Please have the students there on time for this important training. Once it is over, go to admin to get the OTC Scavenger Hunt Kit for an adult in the group to lead.

Day 2, 3, 4

- There are two environmental science lessons each day followed by activity time.
- Feel free to help with group management, play games being led by the educators, and ask questions during lessons.
- Be ready to supervise your class during *activity time, dinner, and evening activities including NB Live in the theater*. Be sure the students go where they are supposed to go and that you gather any stragglers. Join in the fun if you would like! Help create a shower schedule within your cabin. Leave money and cell phones locked in the cabin safe until they are needed.

Secured Safe

It's important that ***no*** students know the combination to the safe. If you feel this has been compromised, please reach out to a NorthBay staff member, who can reset the code for you. The code is your cabin number, twice. So if you're in Fiddler 7, your code is 0707.

What goes in the safe?

Student phones and money should be placed in the safe. Each student should have an envelope with his/her name on them. See your school's point person, if you need envelopes. Student phones should be away throughout the day at NorthBay. Exceptions are in the evenings before bed and if you have down

time between activities. Money is only needed when students go to HorseShoe Point, which is scheduled for you during the week.

Wellness Center is staffed 24 hours a day. If you have a child that is sick during the night, knock on the door of the counselor who has a radio in your cluster, they can take the child to wellness or watch your cabin while you take them. The NOPs manager or counselor will clean up the vomit.

Need help? No problem! See any CCPS employee or NorthBay staff member! THANK YOU!