



# NorthBay Visiting Adults



**Welcome!** Thank you for chaperoning during your school's experience at NorthBay.  
We can't do this without you!

## **Chaperones and Teachers have the ability to positively impact students!**

### This is How:

- Be present and pocket your device during lessons
- Help students engage in the lessons by modeling curiosity, attentiveness, and enthusiasm
- Connect with students! Ask questions and be interested
- Recognize students for what they are doing well
- Assist in small group work to support your educator
- Offer help with students writing conclusions
- Take a break if you need one
- Please assist with large group management at the **Dining Hall, Theater, and Gym**, by helping students to stay in their designated areas and listen attentively when asked
- Empower children having a hard time
  - Remember that all behavior is a form of communication. Look for and address the underlying need.
  - Encourage your students' strengths
  - **Turn-Around** is our *restorative practices program*. If you need help with a student, ask your educator or counselor to call for Turn-Around.
- For **chaperones sleeping in the cabin**:
  - **Cabin expectations** used by Northbay Counselors are located on the back of each cabin door
  - If you do not have a NorthBay counselor assigned to your cabin, there will be evening activities that do not require one

### A Typical Day at NorthBay:

8:30 am - 9:30 am: Breakfast  
 9:30 am - 12:00 pm: Lesson 1  
 12:00 pm - 1:00 pm: Lunch  
 1:00 pm - 3:30 pm: Lesson 2  
 3:30 pm - 4:30 pm: Activity A  
 4:30 pm - 5:30 pm: Activity B  
 5:30 pm - 6:00 pm: Siesta  
 6:00 pm - 7:00 pm: Dinner  
 7:00 pm - 7:55 pm: Activity C  
 8:00 pm - 9:15 pm: NorthBay LIVE!  
 9:15 pm - 10:30 pm: Cabin Time  
 10:30 pm - Lights out

## **Who Can You Contact for Help?**

If you need help visit Administration OR ask a staff member with a radio to call one of the following people:

- **Daytime** Education Managers (8:30 am - 4:30 pm)
  - Jackie Tilghman, Sarah Peterson, & Ian Palkovitz
- **Evening** Night Operations Managers (3:00 pm - 11:00 pm)
  - Naeema Watts, Night Ops Manager; Sam Cassell, Assistant Night Ops Manager
- **Overnight**
  - Head Counselors (6:00 pm - 8:30 am)
- **Wellness Center** is staffed and open 24 hours a day

### **CALL BOXES -**

If you need assistance from any staff member, use call boxes in the center of each cabin side. When you press the button on the call box, it goes directly to anyone with a radio.

## A Few Schedule Reminders:

➤ **ACTIVITY TIME** - *You are responsible for leading your group from 3:30-6:00. You must be present and engaged.*

- Activity time starts at 3:30. Meet your educator at the cabins at 3:15pm
- *Activity locations* can be found on the bottom of the Evening Schedule
- Adventure activities (*zipline, swing, kayaks & rockwall*) are facilitated by trained staff but still require your help with group management and **timely arrival**
- Activities solely led by visiting adults are *Scavenger Hunt, Beach Volleyball, Outdoor Adventure Hunt, & Beach Expedition*. Please stop in Admin for directions and/or material.
  - For Beach Volleyball simply head down to the volleyball net on the beach
- Be sure to **ONLY** visit the **camp store** when scheduled for HSP

➤ **ROPES COURSE** - All classes are scheduled for the high ropes course during their stay. It could be during class or activity time.

- Ropes will be led by your educator
- Students need to wear closed-toed shoes

➤ **HORSESHOE POINT (HSP)** -

- HSP consists of the **Camp Store, Snack Bar, Game Room, & Rockwall**
- Please stay and be present with your group of students at this location
- **Only** visit the store when **scheduled for HSP**

➤ **SIESTA** -

- A 30 minute breather which can be used to chill, change, and get ready for dinner

➤ **NIGHT HIKES** -

- Student groups may choose to do a guided night hike or opt out if they are too tired.
- If you do not have a NB counselor in your cabin, stop in administration before dinner to request a guided night hike.

➤ **NORTHBAY LIVE!** -

- Please help students line up within the **white posts** set up outside the theater. Our NOPs team will let each line know when they can enter.
- *Over-stimulated students?* We can provide ear plugs upon request. *Still too much?* The show is streamed to a TV in a room below the Theater called The Lighthouse.

## Other Information to Remember:

### SECURED SAFES

- It's important that **no** students know the combination. If you feel this has been compromised, please reach out to a NorthBay staff member, who can reset the code for you.
- Money should be placed in the safe and only removed for scheduled HSP time. If students do not have a wallet, please place money in the safe in an envelope labeled with their name.
- Student phones should stay in the safe throughout the day at NorthBay. This keeps students from being distracted by or losing their phones.

### GENDER NEUTRAL BATHROOMS

- Are located in the Wellness Center and at the Roost (on Upper Camp)